

CURRICULUM VITAE

MICHELLE GAYLE NEWMAN

ADDRESS Department of Psychology, The Pennsylvania State University, 310
Moore Bldg. University Park, PA 16802-3103

Phone: (814) 863-1148
Fax: (814) 863-7002
email mgn1@psu.edu

EDUCATION

1977-1981 **B.S. (Cum Laude)** in Psychology, University of Massachusetts at
Amherst

Summer 1980 **Exchange student**, Oxford University, England.

1984-1987 **M.A. in Clinical Psychology**, State University of New York at Stony
Brook.

1988-1992 **Ph.D. in Clinical Psychology**, State University of New York at Stony
Brook (A.P.A. accredited).

1991-1992 **Internship:** Department of Veterans Affairs Medical Center, Palo Alto,
CA. (A.P.A. accredited).

1992-1994 **Postdoctoral Fellow**, Department of Psychiatry and Behavioral Sciences,
Stanford University School of Medicine.

OCCUPATIONAL RECORD

1994-1996 **Affiliate Assistant Professor of Psychology and Senior Research
Associate**, The Pennsylvania State University

1996-p **Licensed Clinical Psychologist**, License #: PS-008386-L

1996-2002 **Assistant Professor of Psychology**, The Pennsylvania State University

2002-p **Associate Professor of Psychology** The Pennsylvania State University

2002-p **Director of the Center for the Treatment of Anxiety and Depression**,
The Pennsylvania State University

2004-p **Director of Clinical Training**, The Pennsylvania State University

2005-p **Joint Associate Professor of Psychiatry**, Penn State College of

Medicine, Hershey Medical Center.

HONORS AND AWARDS

- 1980 **Exchange Student**, Oxford University
- 1981 **Phi Beta Kappa**
- 1989 **Research Fellowship**, State University of New York at Stony Brook
- 1989 **Nominated to Sigma Xi** the honors society for researchers
- 1990 **Sigma Xi Grant-in Aid of Research Award**
- 1990 **Research Fellowship**, State University of New York at Stony Brook
- 1990 **Graduate Student Resource Access Grant**, State University of New York at Stony Brook
- 1990 **Travel Award**, State University of New York at Stony Brook, Department of Psychology
- 2002 Listed in Marquis Who's Who in Medicine and Healthcare
- 2003 Listed in Marquis Who's Who in Science and Engineering.
- 2004 Listed in Academickeys Who's Who in Social Sciences and Higher Education
- 2006 **American Psychological Association. Society of Clinical Psychology (Division 12) Samuel M. Turner Clinical Research Award** for distinguished contribution to applied clinical psychology
- 2009 **American Psychological Association. Society of Psychotherapy (Division 29): Distinguished Publication of Psychotherapy Research Award.** This award recognizes the best published peer reviewed empirical article on psychotherapy in the preceding calendar year.

RESEARCH GRANTS

- 1996-1998 **Co- Investigator, NIMH Grant 2RO1MH39172-12.** *Desensitization and cognitive therapy in general anxiety.* PI: Thomas D. Borkovec, Direct Cost: 489,958. Percent Effort: 10%. The goal of this project was to pilot test a therapy that combined cognitive behavioral, interpersonal and emotional processing techniques for generalized anxiety disorder.
- 1996-1998 **Co-Investigator, Interdisciplinary Seed Grant.** *Obtaining behavioral science data through the internet: A study of validity and reliability.* PI:

- Ray Palmer. Direct Cost: \$3,000. The goal of this project was to determine the validity and reliability of specific self-report assessment devices administered over the Internet.
- 1998-2000 **Principal investigator, Research and Graduate Studies Offices Grant**, College of Liberal Arts, Penn State University. *The efficacy of palmtop computer assisted therapy for panic disorder*. Direct cost: \$2,500.00. The goal of this study is to compare the efficacy of bibliotherapy to brief palmtop computer assisted therapy for panic disorder.
- 1998-2003 **Co- investigator, NIMH Grant RO1 MH58593-02**. *Cognitive and interpersonal therapies for generalized anxiety*. PI: Thomas D. Borkovec. Direct cost: \$ 1,485,000. Percent Effort: 20%. The goal of this study is to compare the impact of cognitive behavioral therapy alone to combined cognitive behavioral therapy plus interpersonal/experiential therapy for generalized anxiety disorder.
- 2004-p **Co- investigator, The Pennsylvania State University Children, Youth, and Family Consortium Grant**. *Racial disparities in college adjustment, engagement and performance*, PI: T. Vescio. Direct cost: \$25,562.
- 2004-p **Principal Investigator, The Pennsylvania State University Children, Youth, and Family Consortium Grant**. *Web-based treatment of child anxiety*. Direct cost: \$24,200.
- June 2005 **Co-investigator NICHD RFA U01HD051217**
Work, stress, health and parenting among hotel employees. PI: Ann Crouter. Direct cost: \$1, 049, 545. Percent effort 5-10%.
- January 2006 **Consultant, NIH R34, Combined treatment for GAD**. PI: Paul Crits-Christoph, University of Pennsylvania

ASSOCIATE EDITOR

January 2009 *Behavior Therapy*

EDITORIAL BOARD

2001-p *Behavior Therapy*
 2001-p *Cognitive Therapy and Research*
 2005-p *Cognitive and Behavioral Practice*
 2001-2004 *Journal of Clinical Psychology*

REVIEW BOARD

1996-p *American Journal of Health Behavior*

GUEST EDITOR

1999 *In Session: Journal of Clinical Psychology* Special Series entitled "Contemporary Challenges and New Directions in Psychotherapy"

2004 *In Session: Journal of Clinical Psychology*. Special Series entitled: "Technology and Psychotherapy"

AD HOC REVIEWER

Anxiety, Stress, And Coping
Archives of General Psychiatry
Behavior Modification
Behaviour Research and Therapy
Clinical Psychology Review
Depression and Anxiety
Developmental Psychology
Health Psychology
Journal of Abnormal Psychology
Journal of Consulting and Clinical Psychology
Journal of Counseling Psychology
Psychiatry Research
Psychological Assessment
Psychological Bulletin

PROFESSIONAL AND SCIENTIFIC COMMITTEE MEMBERSHIPS

1998 Member of the assessment (core battery) committee of a Clinical Research Network sponsored by the Pennsylvania Psychological Association

1999 Special NIH subcommittee to develop a template for effectiveness research. This includes developing a multi-purpose treatment manual and research protocol to be used for primary care interventions.

1999 Association for the Advancement of Behavior Therapy Program Committee

2001 North American Society for Psychotherapy Research Selection Committee

2000 -p Association for the Advancement of Behavior Therapy Task Force to Develop Common Psychotherapy Language

2001-p American Psychological Association Division 12 Task Force on Defining Principles of Therapeutic Change (TFDPTC).

2009 Association for the Advancement of Behavior Therapy Program Committee

GRANT REVIEW

December 1998 NIH Special Emphasis Panel

Oct 1999-June 2001 Reviewer for NIH study section on Behavioral and Biobehavioral Processes 5 (Adult Psychopathology)

March 2003 NIH Special Emphasis Panel

May 2003 Reviewer for NIMH Loan Repayment Program Applications

October 2004 NIH Special Emphasis Panel

March 2006 Reviewer for NIH panel to review predoctoral, postdoctoral, and minority fellowship applications.

VISITING SCHOLAR

August 1998 University of Queensland, Queensland, Australia

PUBLICATIONS

Peer Review Journal Articles

Newman, M. G., Przeworski, A., Fisher, A. J. & Borkovec, T. D. (in press) Diagnostic comorbidity in generalized anxiety disorder: Impact of comorbidity on psychotherapy outcome and impact of psychotherapy on comorbid diagnoses. *Behavior Therapy*.

Erickson, T.M., **Newman, M.G.**, & Pincus, A.L. (in press). Predicting unpredictability: Do measures of interpersonal rigidity/flexibility and distress predict intraindividual variability in social perceptions and behavior?. *Journal of Personality and Social Psychology*.

Ray, W. J., Molnar, C., Aikins, D., Yamasaki, A., **Newman, M. G.**, Castonguay, L., & Borkovec, T. D. (in press) Startle response in generalized anxiety disorder *Depression and Anxiety*, 26, 147-154.

Newman, M. G., Castonguay, L. G., Borkovec, T. D., Fisher, A. J., & Nordberg, S. S. (2008). An open trial of integrative therapy for generalized anxiety disorder. *Psychotherapy: Theory, Research, Practice, Training. Special Issue: New treatments in psychotherapy*, 45, 135-147.

- Oathes, D.J., Ray, W.J., Yamasaki, A.S., Borkovec, T.D., Castonguay, L.G. & **Newman, M.G.**, Nitschke Jack (2008). Worry, generalized anxiety disorder, and emotion: Evidence from the EEG gamma band. *Biological Psychology*, 79, 165-170.
- Erickson, T. M., **Newman, M. G.**, & Pincus, A. L. (2008). Predicting interpersonal rigidity and oscillation: Flux and spin as tests of construct validity. *Society for Interpersonal Theory and Research Newsletter*, 8, 2-3.
- Dow, M.G.T., Kenardy, J. A., Johnston, D. W., **Newman, M. G.**, Taylor, C. B., & Thomson, A. (2007). Prognostic indices with brief and standard CBT for panic disorder II: Moderators of outcome. *Psychological Medicine*, 37, 1503-1509.
- Dow, M.G.T., Kenardy, J. A., Johnston, D. W., **Newman, M. G.**, Taylor, C. B., & Thomson, A. (2007). Prognostic indices with brief and standard CBT for panic disorder I: Predictors of outcome. *Psychological Medicine*, 37, 1493-1502.
- Erickson, T.M. & **Newman, M.G.** (2007) Interpersonal and emotional processes in GAD analogues during social interaction tasks. *Behavior Therapy*, 38, 364-377.
- Newman, M.G.**, & Anderson, N. L. (2007) A review of Basic and Applied Research on Generalized Anxiety Disorder. *Argentinian Journal of Clinical Psychology*, 16, 7-20.
- Newman, M. G.**, Holmes, M., Zuellig, A. R., Kachin, K. E., & Behar, E. S. (2006). The reliability and validity of the panic disorder self-report (PDSR): A new diagnostic measure of panic disorder. *Psychological Assessment*, 18, 49-61.
- Newman, M.G.** & Stiles, W. B. (2006). Therapeutic factors in treating anxiety disorders. *Journal of Clinical Psychology*, 62, 649-659.
- Przeworski, A. & **Newman, M. G.** (2006). The efficacy and utility of computer-assisted cognitive-behavioral therapy for anxiety disorders. *Clinical Psychologist* 10, 43-53.
- Erickson, T. M. & **Newman, M.G.** (2005). Cognitive-behavioral psychotherapy for generalized anxiety disorder. *Expert Review of Neurotherapeutics*, 5(2), 247-257.
- Przeworski, A. & **Newman, M.G.** (2004). Ambulatory Computer-Assisted Group Therapy for Generalized Social Phobia. *In Session: Journal of Clinical Psychology*, 60, 179-188.
- Newman, M.G.** (2004). Technology in Psychotherapy: An Introduction. *In Session: Journal of Clinical Psychology*, 60, 141-145.
- Newman, M.G.**, Erickson, T., Przeworski, A. & Dzus, E. (2003). Self-help and minimal contact therapies for anxiety disorders: Is human contact necessary for therapeutic efficacy? *Journal of Clinical Psychology*, 59, 251-274.

- Newman, M.G.**, Kachin, K.E., Zuellig, A.R., Constantino, M. J. & Cashman, L. (2003). The social phobia diagnostic questionnaire: Preliminary validation of a new self-report diagnostic measure of social phobia. *Psychological Medicine*, *33*, 623-635.
- Borkovec, T.D., **Newman, M.G.**, & Castonguay, L.G. (2003) Cognitive behavioral therapy for generalized anxiety disorder with integrations from interpersonal and experiential therapies. *CNS Spectrums*, *8*, 382-389.
- Kenardy, J.A., Dow, M.G.T., Johnston, D.W., **Newman, M.G.**, Thomson, A., & Taylor, C.B. (2003). A comparison of delivery methods of cognitive behavioural therapy for panic disorder: An international multicentre trial. *Journal of Consulting and Clinical Psychology*, *71*, 1068-1075.
- Taylor, C.B., Cameron, R., **Newman, M.G.** & Junge, J. (2002). Issues related to combining risk factor reduction and clinical treatment for eating disorders in defined populations. *The Journal of Behavioral Health Services and Research*, *29*, .81-90.
- Borkovec, T.D., **Newman, M.G.**, Pincus, A.L., & Lytle, R. (2002). A component analysis of cognitive behavioral therapy for generalized anxiety disorder and the role of interpersonal problems. *Journal of Consulting and Clinical Psychology*, *70*, 288-298.
- Newman, M.G.**, Zuellig, A.R., Kachin, K.E., Constantino, M. J., Przeworski, A., Erickson, T., & Cashman-McGrath, L. (2002). Preliminary reliability and validity of the GAD-Q-IV: A revised self-report diagnostic measure of generalized anxiety disorder. *Behavior Therapy*, *33*, 215-233.
- Kachin, K.E., **Newman, M.G.**, & Pincus, A.L. (2001). An interpersonal approach to the classification of social phobia subtypes. *Behavior Therapy*, *32*, 479-501. (abstracted in Clinician's Research Digest, December 2001).
- Newman, M.G.** (2000). Recommendations for a cost offset model of psychotherapy allocation using generalized anxiety disorder as an example. *Journal of Consulting and Clinical Psychology*, *68*, 549-555.
- Newman, M.G.**, Clayton, L., Zuellig, A.R., Cashman, L., Arnow, B., Dea, R., & Taylor, C.B. (2000). The relationship of childhood sexual abuse and depression with somatic symptoms and objective medical utilization. *Psychological Medicine*, *30*, 1063-1077.
- Newman, M.G.**, Consoli, A., & Taylor, C.B. (1999). A palmtop computer program for the treatment of generalized anxiety disorder. *Behavior Modification*, *23*, 597-619.
- Newman, M.G.**, Borkovec, T. D., Hope, D. A., Kozak, M. J., McNally, R. J., & Taylor, C. B. (1999). Future directions in the treatment of anxiety disorders: An examination of theory, basic science, public policy, psychotherapy research, clinical training, and practice. *In Session: Journal of Clinical Psychology*, *55*, 1325-1345.

- Newman, M.G.**, & Castonguay, L.G. (1999). Contemporary challenges and new directions in psychotherapy: An introduction. *In Session: Journal of Clinical Psychology*, *55*, 1321-1323.
- Newman, M.G.**, & Castonguay, L.G. (1999). Reflecting on current challenges and future directions in psychotherapy: What can be learned from dialogues between clinicians, researchers, and policy makers? *In Session: Journal of Clinical Psychology*, *55*, 1407-1413.
- Newman, M.G.** (1999). The clinical use of palmtop computers in the treatment of generalized anxiety disorder. *Cognitive and Behavioral Practice*, *6*, 222-234.
- Newman, M.G.**, Kenardy, J., Herman, S., & Taylor, C.B. (1997). Comparison of cognitive-behavioral treatment of panic disorder with computer assisted brief cognitive behavioral treatment. *Journal of Consulting and Clinical Psychology*, *65*, 178-183.
- Newman, M.G.**, Consoli, A., & Taylor, C.B. (1997). Computers in the assessment and cognitive-behavioral treatment of clinical disorders: Anxiety as a case in point. *Behavior Therapy*, *28*, 211-235.
- Newman, M.G.**, Kenardy, J., Herman, S., & Taylor, C.B. (1996). The use of hand-held computers as an adjunct to cognitive-behavior therapy. *Computers in Human Behavior*, *12*, 135-143.
- Newman, M.G.**, & Stone, A.A. (1996). Does humor moderate the effects of experimentally induced stress? *Annals of Behavioral Medicine*, *18*(2), 101-109.
- Hofmann, S.G., **Newman, M.G.**, Ehlers, A., & Roth, W.T. (1995). Psychophysiological differences between subtypes of social phobics. *Journal of Abnormal Psychology*, *104*, 224-231.
- Hofmann, S.G., **Newman, M.G.**, Taylor, C.B., & Roth, W.T. (1995). Social phobia with and without avoidant personality disorder: Preliminary behavior therapy outcome findings. *Journal of Anxiety Disorders*, *9*, 427-438.
- Newman, M.G.**, & Borkovec, T. (1995). Cognitive-behavioral treatment of generalized anxiety disorder. *The Clinical Psychologist*, *48*, 5-7.
- Newman, M.G.**, Hofmann, S.G., Trabert, W., Roth, W.T., & Taylor, C.B. (1994). Does behavioral treatment of social phobia lead to cognitive changes? *Behavior Therapy*, *25*, 503-517.
- Kennedy-Moore, E., Greenberg, M.A., **Newman, M.G.**, & Stone, A.A. (1992). The relationship between daily events and mood: The mood measure may matter. *Motivation and Emotion*, *16*, 143-155.

Stone, A.A., Greenberg, M.A., Kennedy-Moore, E., & **Newman, M.G.** (1991). Self-report situation-specific coping questionnaires: What are they measuring? *Journal of Personality and Social Psychology*, *61*, 648-658.

Book Chapters

Newman, M.G., Koif, D., Przeworski, A. & Llera, S. (in press) *Anxiety Disorders*. In M. A. Cucciare, & K. R. Weingardt (Eds). Using technology to support evidence-based behavioral health practices: A Clinician's Guide. New York: Taylor and Francis Inc

Newman, M. G. & Erickson, T. Generalized anxiety disorder (in press). In G. Beck (Ed) *Interpersonal Processes in the Anxiety Disorders: Implications for understanding psychopathology and treatment*. Washington, DC: American Psychological Association.

Holmes, M., & **Newman, M. G.** (2006). Generalized anxiety disorder. In M. Hersen & J. C. Thomas (Series Eds.), & F. Andrasik (Vol. Ed.), *Comprehensive handbook of personality and psychopathology: Vol. II. Adult psychopathology* (pp. 101-120). New York: John Wiley & Sons.

Newman, M. G., Stiles, W. B., Janeck, A., & Woody, S. R. (2006). Integration of therapeutic factors in anxiety disorders. In L. G. Castonguay & L. E. Beutler (Eds.), *Principles of therapeutic change that work* (pp. 187-202). New York: Oxford University Press.

Newman, M. G., Crits-Christoph, P., Connelly Gibbons, M. B., & Erickson, T. M. (2006). Participant factors in treating anxiety disorders. In L. G. Castonguay & L. E. Beutler (Eds.), *Principles of therapeutic change that work* (pp. 121-154). New York: Oxford University Press.

Castonguay, L. G., **Newman, M. G.**, Borkovec, T. D., Holtforth, M. G., & Maramba, G. G. (2005). Cognitive-behavioral assimilative integration. In J. C. Norcross & M. R. Goldfried (Eds.), *Handbook of psychotherapy integration* (2nd ed., pp. 241-260). New York, NY: Oxford University Press.

Newman, M.G., Castonguay, L.G., Borkovec, T.D. & Molnar, C. (2004). Integrative psychotherapy. In R.G. Heimberg, C.L. Turk, & D.S. Mennin (Eds), *Generalized anxiety disorder* (pp. 320-350). Guilford Press, N.Y.

Newman, M.G. & Borkovec, T.D. (2002). Cognitive behavioral therapy for worry and generalized anxiety disorder. In G. Simos (Ed.) *Cognitive behavior therapy: A guide for the practicing clinician* (pp. 150-172). New York: Taylor and Francis Inc.

Newman, M.G. (2000). Generalized anxiety disorder. In M. Hersen and M. Biaggio (Eds.): *Effective brief therapies: A clinicians guide*. (pp. 157-178). Academic Press, San Diego, CA.

Borkovec, T. D., & **Newman, M. G.** (1998). Worry and generalized anxiety disorder. In A. S. Bellack & M. Hersen (Series Eds.), & P. Salkovskis (Vol. Ed.), *Comprehensive clinical*

psychology: Vol. 6. *Adults: Clinical formulation & treatment*. (pp. 439-459). Oxford, England: Pergamon/Elsevier Science.

Borkovec, T.D., Castonguay, L. G., & **Newman, M.G.** (1997). Measuring treatment outcome for post traumatic stress disorder and panic disorder. In H.H. Strupp, L. Horowitz, L. M. Horowitz, and M.J. Lambert (Eds), *Measuring patient changes in mood, anxiety, and personality disorders: Toward a core battery* (pp.117-154). Washington, D.C.: American Psychological Association.

Stone, A.A., Kennedy-Moore, E., **Newman, M.G.**, Greenberg, M.A., & Neale, J.M. (1992). Conceptual and methodological issues in current coping assessments. In Carpenter, B.N. (Ed.), *Personal coping: Theory, research and application* (pp. 15-29). Westport, CT: Praeger Publishers.

Published Abstracts

Stone, A.A., Greenberg, M.A., Kennedy-Moore, E., & **Newman, M.G.** (1990). An examination of self-reported coping assessment [abstract]. *Proceedings of the 11th Annual Meeting of the Society of Behavioral Medicine* (p 117).

Newman, M.G., & Glass, D.C. (1990). Do moderate and heavy drinkers use maladaptive coping strategies [Abstract]? *Proceedings of the 11th Annual Meeting of the Society of Behavioral Medicine* (p 172).

Book Review

Przeworski, A. & **Newman, M.G.** (2003). Book review: Empirically supported therapies: Current and future applications. *the Behavior Therapist*, 26, 411-412.

Manuscripts Submitted for Publication

Llera, S. J. & **Newman, M. G.** *Worry and emotional avoidance in generalized anxiety disorder: Effects on physiological and subjective reactivity.*

Fisher, A.J., Granger, D. A., & **Newman, M. G.** *Trait levels of autonomic arousal and generalized anxiety disorder status predict salivary alpha amylase at baseline in response to emotional challenge. Biological Psychology.*

Manuscripts in Preparation

Przeworski, A. & **Newman, M.G.** (In Preparation) *The impact of focus of attention on social phobia.*

Newman, M.G., Fisher, A.J., Przeworski, A., Anderson, N. & Borkovec, T.D. *Predictors and Moderators of cognitive behavioral components of treatment in Generalized Anxiety Disorder.*

Newman, M. G., Przeworski, A. & Llera, S. *Computer-based interventions.*

Holtforth, M. G., Castonguay, L. G., **Newman, M. G.,** Borkovec, T. D., Boswell, J. F. Antuacao, L. A., Kakorou, A. A.. Fear of vulnerability as a predictor of session outcome and working alliance in an integrative treatment of generalized anxiety disorder.

Unpublished Manuals

Hofmann, S. G., & Newman, M.G. *Manual for the group treatment of speech anxiety.*
Unpublished manual, Stanford University.

Raue, P.J., Castonguay, L.G., Newman, M.G., Gaus-Binkley, V., & Shearer, D. *Coding manual for the working alliance inventory-observer form.* Unpublished manual, State University of New York at Stony Brook.

Book Reviews

Sage Publications (May 1997).
Springer Publishing Company (2003)

SCIENTIFIC PRESENTATIONS

Symposia Chaired

- Computer applications in the delivery of cognitive behavioral therapy.* (1997, November).
Symposium presented to the 31st Annual meeting of the Association for Advancement of Behavior Therapy. Miami, FL. Discussant: Frank Andrasik, Ph.D.
- Future directions in anxiety disorder psychotherapy research.* (1998, June). Panel presented at the 29th Annual Meeting of the Society for Psychotherapy Research. Snowbird, Utah.
Panel members: Tom Borkovec, Ph.D., Debra Hope, Ph.D., Michael Kozak, Ph.D., Rich McNally, Ph.D., and C. Barr Taylor, M.D.
- Research and theory on social phobia subtypes.* (1998, November). Panel presented at the 32nd Annual meeting of the Association for Advancement of Behavior Therapy. Washington, D.C. Discussant: Rick Heimberg, Ph.D.
- The generality of psychotherapy beyond targeted anxiety disorder symptoms.* (2001, November).
Symposium presented at the 35th Annual meeting of the Association for Advancement of Behavior Therapy. Philadelphia, PA. Discussant: Diane L. Chambless.
- Emotion, emotional expression, and emotional processing in generalized anxiety disorder.* (2002, November). Symposium to presented at the 36th Annual meeting of the Association for Advancement of Behavior Therapy. Reno, Nevada. Discussant: Michelle G. Newman.
- Breaking the Glass Ceiling: Conversations with Eminent Women in Psychology.* (2009, November). Panel to be presented at the 43rd Annual Meeting of the Association of Behavioral and Cognitive Therapies. New York, NY.

Invited presentations

- Newman, M.G.** (1996, June). *The role of interpersonal problems in the treatment of generalized anxiety disorder*. Invited address presented at Stanford University.
- Newman, M.G.** (1998, August). *Cost-effectiveness in the treatment of anxiety disorders*. Invited address presented to the faculty of the University of Queensland, Brisbane, Queensland in Australia.
- Newman, M.G.** (2004, May). *Cognitive behavioral therapy for the treatment of generalized anxiety disorder*. In John Greist (Chair) GAD: Evidence-based considerations from pathophysiology to long-term management. Invited industry sponsored symposium presented at the American Psychiatric Association. New York, N.Y.
- Newman, M. G.** (2005, June). *Self-Help and Minimal Contact Therapies for Anxiety Disorders*. Invited paper presented at the 1st annual meeting of the Penn State Neuroscience Research Conference, Anxiety, Mood, and Sleep Disorders: Role of Stress and Trauma. Hershey, PA.
- Castonguay, L. G. & **Newman, M. G.** (2006, March). *Toward improving psychotherapy outcome: A search for principles of change and the development of integrative treatments*. Invited address presented at the Experimental Psychopathology Symposium on Recent Developments in Research on the Effectiveness of Psychological Interventions. University of Amsterdam.
- Newman, M. G.** (2006, August). *Progress, problems and solutions pertaining to Internet Interventions for Anxiety Disorders*. Invited talk hosted by the Society of Clinical Psychology (Division 12, Section IV, Clinical Psychology of Women). Paper presented at the 114th Annual Meeting of the American Psychological Association, New Orleans, LA.
- Newman, M. G.** (2007, June). *Palmtop computer-assisted therapy*. Paper presented at the Inaugural Summit on Behavioral Telehealth, Harvard Medical School, Boston, MA.
- Newman, M. G.** & Castonguay, L. G. (2008, October). *The need, hope, disappointments, and new directions in a quest to improve therapy for generalized anxiety disorder*. University of Pennsylvania.

Workshops

- Newman, M. G.** (1998, August). *Cognitive Behavioral Therapy for Generalized Anxiety Disorder*. Workshop presented at the University of Queensland, Brisbane, Queensland in Australia.
- Newman, M. G.** (2006, March). *Cognitive Behavioral Therapy for Generalized Anxiety Disorder*. All day workshop presented at the University of Pennsylvania, Philadelphia.
- Castonguay, L.G., & **Newman, M.G.** (2007, September). *Integrative therapy for generalized anxiety disorder: An illustration of additive design in psychotherapy research*. Workshop presented at the European SPR Research Methods Conference. Geneva.

Invited conferences

- 1st International Congress of Computer-Assisted Therapy: (1996, December). Stanford University, Palo Alto, CA.

1st annual meeting of the Penn State Neuroscience Research Conference, Anxiety, Mood, and Sleep Disorders: Role of Stress and Trauma. Hershey, PA.
Inaugural Summit on Behavioral Telehealth (2005, June), Harvard Medical School, Boston, MA.

Conference Presentations

- Stone, A.A., Greenberg, M.A., Kennedy-Moore, E., & **Newman, M.G.** (1990, April). *An Examination of self-reported coping assessment*. Poster presented at the 11th Annual Meeting of the Society of Behavioral Medicine, Chicago, Illinois. (Presenter).
- Newman, M.G.**, & Glass, D.C. (1990, April). *Do moderate and heavy drinkers use maladaptive coping strategies?* Poster presented at the 11th Annual Meeting of the Society of Behavioral Medicine, Chicago, Illinois. (Presenter).
- Newman, M.G.**, & Stone, A.A. (1990, August). *Humor as a moderator of physiological responsiveness to stress*. Poster presented at the 98th Annual Convention of the American Psychological Association, Boston, MA. (Presenter).
- Hofmann, S.G., **Newman, M.G.**, Taylor, C.B., & Roth, W.T. (1992, November). *How different are social phobics with and without avoidant personality disorder?* Poster presented at the 26th Annual Meeting of the Association for the Advancement of Behavior Therapy, Boston, MA. (Presenter).
- Newman, M.G.**, Hofmann, S.G., Roth, W.T., & Taylor, C.B. (1992, November). *Cognitive changes with behavioral treatment of speech phobics*. Poster presented at the 26th Annual Meeting of the Association for the Advancement of Behavior Therapy, Boston, MA. (Presenter).
- Herman, S., **Newman, M.G.**, Kenardy, J., & Taylor, C.B. (1994, March). *Computers as an adjunct to cognitive-behavioral treatment of panic disorder*. Poster presented at The Anxiety Disorders Association of America's 14th National Conference.
- Newman, M.G.**, Kenardy, J., Herman, S., & Taylor, C.B. (1995, November). *Palmtop computer-enhanced CBT for panic disorder*. Poster presented at the 29th Annual Meeting of the Association for the Advancement of Behavior Therapy, Washington, DC. (Presenter).
- Newman, M.G.**, Clayton, L., Arnow, B., Dea, R., & Taylor, C.B. (1996, March). *Health and medical utilization of adults who were sexually abused as children*. Poster presented at the Fourth International Congress of Behavioral Medicine, Washington, D.C. (Presenter).
- Borkovec, T.D., **Newman, M.G.**, and Castonguay, L.G. (1996, June). *Cognitive behavioral treatment of generalized anxiety disorder and the role of interpersonal factors*. Paper presented at the 27th Annual Meeting of the Society for Psychotherapy Research.
- Zuellig, A.R. & **Newman, M.G.** (1996, November). *Childhood anxiety disorders in adults diagnosed with generalized anxiety disorder or panic disorder*. Poster presented at the 30th Annual Meeting of the Association for the Advancement Of Behavior Therapy, New York, New York.
- Consoli, A., **Newman, M.G.**, & Taylor, C.B. (1997 February). *Technology and Counseling: Computer Assisted Therapy*. Paper presented at the Annual Meeting of the California Association for Counseling and Development, San Francisco, CA.
- Zuellig, A.R., **Newman, M.G.**, Kachin, K.E., & Constantino, M. J. (1997, November). *Childhood attachment styles in adults with generalized anxiety disorder or panic disorder*. Poster presented at the 31st Annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

- Newman, M.G.**, Zuellig, A.R., Kachin, K.E., & Constantino, M. J. (1997, November). *Examination of the reliability and validity of the GADQ-IV: A revised self-report measure of Generalized Anxiety Disorder*. Poster presented at the 31st Annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Newman, M.G.**, Kachin, K.E., Zuellig, A.R. & Constantino, M.J. (1997, November). *The reliability and validity of the social phobia questionnaire: A new self-report measure for social phobia*. Poster presented at the 31st Annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Newman, M.G.**, Kenardy, J., Herman, S. & Taylor, C.B. (1997, November). The efficacy of palmtop computer-enhanced CBT for panic disorder. In S. Hofmann (Chair) *Innovative tools for the treatment of anxiety disorders*. Symposium presented to the 31st Annual meeting of the Association for Advancement of Behavior Therapy. Miami, FL. Discussant: Rick Heimberg, Ph.D. (Presenter).
- Newman, M.G.**, Consoli, A., & Taylor, C.B. (1997, November). A palmtop computer program for the treatment of GAD. In M.G. Newman (Chair) *Computer applications in the delivery of cognitive behavioral therapy*. Symposium presented to the 31st Annual meeting of the Association for Advancement of Behavior Therapy. Miami, FL. Discussant: Frank Andrasik, Ph.D. (Presenter).
- Kenardy, J., Dow, M., **Newman, M.G.**, & Taylor, C.B. (1997, November). Brief computer-assisted CBT for panic disorder: A cross-national randomised treatment outcome study. In M.G. Newman (Chair) *Computer applications in the delivery of cognitive behavioral therapy*. Symposium presented to the 31st Annual meeting of the Association for Advancement of Behavior Therapy. Miami, FL. Discussant: Frank Andrasik, Ph.D.
- Newman, M.G.**, & Kachin K. E. (1998, June). Health status, psychological diagnosis, and psychotherapy: Evidence from an ecologically valid sample. In D. Mohr (Moderator) *Why psychotherapy researchers should be interested in medical populations*. Panel presented at the 29th Annual Meeting of the Society for Psychotherapy Research. Snowbird, Utah.
- Kenardy, J., Dow, M., **Newman, M.G.**, & Taylor, C.B. (1998, July). *Evaluation of cost effective cognitive-behaviour therapy for panic disorder: A multi-site cross-national study*. Paper presented at the World Congress of Behavioural and Cognitive Therapies. Acapulco, Mexico.
- Molnar, C.E., Chilton, A., Coyle, J.T., Ray, W.J., **Newman, M.G.**, Borkovec, T.D., & Quigley, K.S. (1998, September). *Individual differences in worry and the startle reflex during worry, sadness, and neutral verbal linguistic activity*. Poster presented at the 38th Annual Convention for the Society for Psychophysiological research. Denver, Colorado.
- Newman, M.G.**, Zuellig, A.R., Kachin, K.E., & Constantino, M. J. (1998, November). *Examination of the reliability and validity of the PDSR: A self-report measure of panic disorder*. Poster presented at the 32nd Annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Zuellig, A.R., Kachin, K.E. & **Newman, M.G.** (1998, November). *Childhood attachment styles in adults with generalized and specific social phobia disorder*. Poster presented at the 32nd Annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Castonguay, L.G., Constantino, M.J., & **Newman, M.G.** (1998, November). *Working alliance and client improvement in cognitive-behavioral treatment for generalized anxiety*

- disorder*. Poster presented at the 32nd Annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Borkovec, T.D., **Newman, M.G.**, & Castonguay, L.G. (1998, November). The potential role of interpersonal processing in treatment of generalized anxiety disorder. In C.L. Turk (Chair) *Conceptual issues in generalized anxiety disorder*. Symposium presented at the 32nd Annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C. Discussant: Rick Heimberg, Ph.D.
- Newman, M.G.**, Schut, A.J., Kachin, K.E., & Constantino, M. (1998, November). Comparison of the validity and reliability of various social phobia subtype definitions. In M.G. Newman (Chair) *Research and theory on social phobia subtypes*. Symposium presented at the 32nd Annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C. Discussant: Rick Heimberg, Ph.D.
- Newman, M.G.** (1998, November). Recommendations for the identification and treatment of clients who may not benefit from brief cost-effective CBT approaches to anxiety. In D. Haaga (Chair) *Stepped care models in behavior therapy*. Symposium presented at the 32nd Annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.
- Newman, M.G.**, Castonguay, L.G. & Borkovec, T.D. (1999, March). Cognitive behavior therapy for generalized anxiety disorder: Strengths and limitations. In L. Castonguay (Chair) *Improving behavior therapy for generalized anxiety disorder: An integrative approach*. Symposium presented at the Annual meeting of the Society for the Exploration of Psychotherapy Integration, Miami, FL.
- Newman, M.G.**, Castonguay, L.G. & Borkovec, T.D. (1999, March). New dimensions in the treatment of generalized anxiety disorder: Interpersonal focus and emotional deepening. In L. Castonguay (Chair) *Improving behavior therapy for generalized anxiety disorder: An integrative approach*. Symposium presented at the Annual meeting of the Society for the Exploration of Psychotherapy Integration, Miami, FL.
- Castonguay, L.G., Schut, A.J., **Newman, M.G.**, & Borkovec, T.D. (1999, April). The therapist and client experience in integrative treatment for generalized anxiety disorder. In L. Castonguay (Chair) *Improving behavior therapy for generalized anxiety disorder: An integrative approach*. Symposium presented at the Annual meeting of the Society for the Exploration of Psychotherapy Integration, Miami, FL.
- Zuellig, A.R., **Newman, M.G.**, Alcaine, O.M., & Behar, E.S. (1999, November). *Childhood history of PTSD in adults with generalized anxiety disorder, panic disorder and nondisordered controls*. Poster presented at the 33rd Annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Kachin, K.E., **Newman, M.G.**, & Constantino, M. (1999, November). *Assessment of interpersonal profiles of social phobia subtypes*. Poster presented at the 33rd Annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Newman, M.G.**, Castonguay, L.G., Borkovec, T.D., & Schut, A.J. (1999, November). *Integrating cognitive-behavioral, interpersonal, and humanistic interventions: Why should we and how can we?* Paper presented at the First Mid-Atlantic Chapter Meeting of the Society for Psychotherapy Research, College Park, MD.
- Kachin, K. E., **Newman, M. G.**, & Pincus A. L. (2000, June). *Symptom-Based Versus Interpersonal Approaches to Classifying Subtypes of Social Phobia*. Paper presented at SITAR, Evanston, Illinois.

- Newman, M.G.**, Cameron, R.P. Zuellig, A.R, Cashman, L.A., Kenardy, J., Dow, M., & Taylor C.B. (2000, November). *A comparison of brief palmtop computer-enhanced CBT to bibliotherapy for panic disorder*. In N. Schmidt (Chair) Advances in Technology for the Assessment and Treatment of Anxiety Disorders. Symposium presented to the 34th Annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Newman, M.G.**, Castonguay, L.G., Molnar, C. & Borkovec, T.D. (2000, November). *Interpersonal factors in GAD*. In J. Gayle Beck (Chair) Interpersonal processes in anxiety: From genesis to disorder. Symposium presented to the 34th Annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Castonguay, L.G., **Newman, M.G.**, Borkovec, T.D., Shut, A.J., Kasoff, M.B., & Hines, C.E. (2001, July). *Client's emotion in integrative psychotherapy*. In L.G. Castonguay (Chair) Emotion and its assessment. Symposium presented to the Society for Psychotherapy Research, Montevideo, Uruguay.
- Przeworski, A., **Newman, M.G.**, Castonguay, L. G., & Constantino, M. (2001, July). *The relationship between therapeutic alliance, compliance with CBT homework, and outcome in GAD*. In D. Hope (Chair) Between Pre-test and Post-test: The process of change in Treatment of Anxiety Disorders. Symposium presented to the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- Newman, M.G.**, Cameron, R.P. Zuellig, A.R, Cashman, L.A., Kenardy, J., Dow, M., & Taylor C.B. (2001, July). *A comparison of brief palmtop computer-enhanced CBT to bibliotherapy for panic disorder*. In J. Kenardy (Chair) Palmtop computers in CBT For panic disorder. Symposium presented to the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- Przeworski, A. & **Newman M.G.** (2001, November). *The role of self-focus in social anxiety*. Poster presented at the 35th Annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Newman, M.G.**, Przeworski, A., & Borkovec, T.D. (2001, November). *The effect of psychotherapy for GAD on comorbid Axis I conditions*. In M. Newman (Chair) the generality of psychotherapy beyond targeted anxiety disorder symptoms. Symposium presented at the 35th Annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Castonguay, L.G. Schut, A.J., Reid, J., **Newman, M.G.**, & Borkovec, T.D. (2001, November). *The therapist's engagement in cognitive-behavioral and interpersonal/ emotional deepening therapies*. Paper presented at the North American Meeting of the Society for Psychotherapy Research. Puerto Vallarta, Mexico
- Przeworski, A., & **Newman, M.G.** (2002, June). *Recommendations for the identification and treatment of clients who may not benefit from brief cost-effective approaches to anxiety*. In M. Koptka (Chair), the evolution of mental health care: what it means for psychotherapy research. Paper presented at the Society for Psychotherapy Research.
- Borkovec, T.D, **Newman, M.G.**, & Castonguay, L.G. (2002, June). *Cognitive-behavioral and interpersonal/emotional processing treatments for generalized anxiety disorder*. In L. Castonguay (Chair), Integrative therapy for generalized anxiety disorder: Treatment protocols, outcome, and process. Paper presented at the Society for Psychotherapy Research.
- Newman, M.G.**, Castonguay, .L.G., & Borkovec, T.D (2002, June). *Integrating Cognitive-behavioral and interpersonal/emotional Processing treatments for Generalized Anxiety Disorder: Preliminary outcome findings*. In L. Castonguay (Chair), Integrative therapy

- for generalized anxiety disorder: Treatment protocols, outcome, and process. Paper presented at the Society for Psychotherapy Research. Santa Barbara, CA.
- Castonguay, L.G., Vives, A., Zuellig, A., Okruch, A., Wentz, R., Schut, A., Beberman, R., **Newman, M.G.**, & Borkovec, T.D. (2002, June). *The therapist's focus of intervention in cognitive-behavioral and interpersonal/emotional processing treatments for generalized anxiety disorder*. In L. Castonguay (Chair), Integrative therapy for generalized anxiety disorder: Treatment protocols, outcome, and process. Paper presented at the Society for Psychotherapy Research. Santa Barbara, CA.
- Erickson, T.M. & **Newman, M.G.** (2002, August). *Interpersonal differences between GAD and nonGAD participants*. In A.L. Pincus (Chair) Interpersonal problems and Anxiety Disorders. Symposium presented to the Annual meeting of the American Psychological Association. Chicago, Illinois.
- Kenardy, J.A., Dow, M.G.T., Johnston, D.W., **Newman, M.G.**, Taylor, B.C. (2002, September). *The Effective Delivery of Cognitive Behavioural Therapy for Panic Disorder: An International Multicentre Trial*. Thirty-second European Association of Behavioural and Cognitive Therapies, Maastricht, The Netherlands.
- Oathes, D.J., Yamasaki, A.S., Ray, W.J., **Newman, M.G.**, & Castonguay, L.G (2002, November). *EEG gamma-band activity: role in negative affect, worry and generalized anxiety disorder*. In M. Newman (Chair) emotion, emotional expression, and emotional processing in generalized anxiety disorder. Symposium presented to the 36th Annual meeting of the Association for Advancement of Behavior Therapy. Reno, Nevada.
- Newman, M.G.**, Castonguay, L.G., & Borkovec, T.D. (2002, November). *Emotion-focused therapy for Generalized Anxiety Disorder*. In M. Newman (Chair) emotion, emotional expression, and emotional processing in generalized anxiety disorder. Symposium presented to the 36th Annual meeting of the Association for Advancement of Behavior Therapy. Reno, Nevada.
- Erickson, T.M. & **Newman, M.G.** (2002, November). *Emotional expression in GAD analogues based on an emotional disclosure task*. In M. Newman (Chair) emotion, emotional expression, and emotional processing in generalized anxiety disorder. Symposium presented to the 36th Annual meeting of the Association for Advancement of Behavior Therapy. Reno, Nevada.
- Molnar, C.E., **Newman, M.G.**, & Ray, W.J. (2002, November). *Implications of Eysenck's Unified Theory of Anxiety for research about the relationship between personality and anxiety*. Poster presented at the thirty-sixth Annual Convention of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Constantino, M. J., Castonguay, L. G., Pinel, E. C., **Newman, M. G.**, Reid, J., & Borkovec, T. D. (2002, November). *Self-View Certainty in Individuals with Generalized Anxiety Disorder*. Poster to presented at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Newman, M.G.**, Przeworski, A. & Borkovec, T.D. (2003, March). *The Impact Of Cognitive And Behavioral Therapies For GAD On Comorbid Axis I Conditions*. In M. Craske (Chair) Treatment approaches for comorbidity in anxiety disorders. Symposium presented at the 23rd Annual Conference of the Anxiety Disorders Association of America, Toronto, Canada.
- Castonguay, L.G. **Newman, M.G.**, Borkovec, T.D., Schut, A.J., Reid, J.J., Beberman, R.A. & Maramba, G.G. (2003, May). *Types of change achieved in integrative therapy*. In J.

- Barber (Chair) symposium presented at the 19th annual Meeting of the Society for the Exploration of Psychotherapy integration, New York, N.Y.
- Mennin, D., Roemer, L. & **Newman, M.G.** (2003, May). *Can treatment for the anxiety disorders really be improved through integration?: A discussion of diverse approaches.* Panel discussion presented at the 19th annual Meeting of the Society for the Exploration of Psychotherapy integration, New York, N.Y.
- Kenardy, J.A., **Newman, M.G.**, Johnston, D.W., Taylor, B.C., & Dow, M.G.T. (2003, May). *The effective delivery of cognitive behavioral therapy for panic disorder: An international multicentre trial.* Paper presented at the 156th Annual Meeting, of American Psychiatric Association, San Francisco, CA.
- Castonguay, L.G. **Newman, M.G.**, Borkovec, T.D., Schut, A.J., Reid, J.J., Maramba, G.G. & Beberman, R.A. (2003, June). *Dynamics of relationships in cognitive-behavioral and interpersonal/emotional processing therapies.* Symposium presented at the 34th annual Meeting of the Society for Psychotherapy Research, Weimar, Germany.
- Constantino, M. J., Castonguay, L. G., Pincus, A. L., Reid, J., **Newman, M. G.**, & Borkovec, T.D. (2003, November). *Interpersonal/Intrapsychic process in psychotherapy: The impact of self-verification strivings on the working alliance.* Paper presented at the meeting of the North American Chapter of the Society for Psychotherapy Research, Newport, RI.
- Stiles, W.B., **Newman, M.G.**, Woody, S.R., Janek, A. (2003, November). Empirically supported principals in the treatment of anxiety disorders: Responsiveness as a framework. Paper presented at the meeting of the North American Chapter of the Society for Psychotherapy Research, Newport, RI.
- Newman, M.G.** (2003, November). *Predictors of GAD outcome.* In E. Behar and A. Przeworski (Chairs) moderating variables, mediating variables, and therapeutic techniques in the treatment of GAD. Symposium presented at the 37th Annual meeting of the Association for Advancement of Behavior Therapy. Boston, Massachusetts.
- Dzus, E.E. & **Newman, M.G.** (2003, November). *The reduction of Relaxation-Induced Anxiety as a predictor of treatment outcome in a sample of persons undergoing treatment for generalized anxiety disorder.* In E. Behar and A. Przeworski (Chairs) moderating variables, mediating variables, and therapeutic techniques in the treatment of GAD. Symposium presented at the 37th Annual meeting of the Association for Advancement of Behavior Therapy. Boston, Massachusetts.
- Przeworski, A. & **Newman, M.G.** (2003, November). *Predictors of treatment outcome in generalized anxiety disorder.* In E. Behar and A. Przeworski (Chairs) moderating variables, mediating variables, and therapeutic techniques in the treatment of GAD. Symposium presented at the 37th Annual meeting of the Association for Advancement of Behavior Therapy. Boston, Massachusetts.
- Zuellig, A.R., **Newman, M.G.**, Borkovec, T.D. & Castonguay, L.G. (2003, November). *A comparison of the effect of three therapies on generalized anxiety disorder adults' self-reported internal working models of attachment.* In E. Behar and A. Przeworski (Chairs) moderating variables, mediating variables, and therapeutic techniques in the treatment of GAD. Symposium presented at the 37th Annual meeting of the Association for Advancement of Behavior Therapy. Boston, Massachusetts.
- Behar, E., Solomon, A., **Newman, M.G.**, Gammage, L., & Biss, S. (2003, November). *The PTSD Checklist (PCL-S): Reliability and Validity in an Undergraduate Student Sample.*

- Poster presented to the 37th Annual meeting of the Association for Advancement of Behavior Therapy. Boston, Massachusetts.
- Bouchard, S., **Newman, M.G.**, Allard, M. & Mallen, M.J. (2003, November). *Mediators of the therapeutic alliance in CBT and telehealth*. Clinical Roundtable presented at the 37th Annual meeting of the Association for Advancement of Behavior Therapy. Boston, Massachusetts.
- Newman, M.G.**, Kenardy, J.A., Dow, M.G.T., Johnston, D.W., & Taylor, C. B. (2004, May). *A Comparison of Standard CBT to Brief CBT with and without adjunctive computer assistance: An international multicentre trial*. Paper presented at the 157th Annual Meeting of the American Association for Technology in Psychiatry. New York, N.Y.
- Marks, I., Borgo, S., Goldfried, M. R., **Newman, M. G.**, Sibia, L., Striker, G., Sungur, M., Moore, K. (2004, October). Common Language for Psychotherapy Procedures. Poster presented to the Annual Meeting of the Mexican Psychological Society.
- Constantino, M. J., Collins, A. J., Castonguay, L. G., **Newman, M. G.**, & Borkovec, T. (2004, November). *Patient characteristics as predictors of the therapeutic alliance in cognitive-behavioral therapy for generalized anxiety disorder*. Poster presented at the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Przeworski, A., **Newman, M.G.**, Castonguay, L.G., & Borkovec, T.D. (2004, November) *Axis I and II comorbidity and the relationship to outcome in adult GAD*. In A. Przeworski (Chair) Causes and effects of comorbidity in principal generalized anxiety disorder and social phobia: A lifespan approach. Paper presented at the 38th Annual meeting of the Association for Advancement of Behavior Therapy. New Orleans, LA.
- Przeworski, A., **Newman, M. G.**, Consoli, A., & Taylor, C. B. (2004, December). Computer-assisted group therapy for generalized anxiety disorder. Paper presented at the Department of Health and Human Services e-Therapy, Telehealth, Telepsychiatry and Beyond Conference, Rockville, MD.
- Pincus, A. L., Przeworski, A., Yamasaki, A., Kasoff, M. B., **Newman, M. G.**, Castonguay, L. G. & Borkovec, T. D. (2005, June). *Interpersonal Pathoplasticity in Generalized Anxiety Disorder: A Cluster Analytic Replication*. Paper presented at the Society for Interpersonal Theory and Research. Montreal, Canada.
- Constantino, M. J., Castonguay, L. G., Angtuaco, L. A., Pincus, A. L., **Newman, M. G.**, & Borkovec, T. D. (2005, June). *The Impact of Interpersonal-Intrapsychic Complementarity on the Development and Course of the Therapeutic Alliance*. In G. Maramba (moderator) The Therapeutic Relationship In Integrative Therapy For Generalized Anxiety Disorder. Paper presented at the 36th annual meeting of the Society for Psychotherapy Research. Montreal, Canada.
- Castonguay, L. G., **Newman, M. G.**, Borkovec, T. D., Antuaco, L. A., Boswell, J. F., Kakouros, A. A., & Nelson, D. L. (2005, June). *Testing the reliability of therapeutic relationship findings in cognitive-behavioral and interpersonal/ emotional processing treatments*. In G. Maramba (moderator) The Therapeutic Relationship In Integrative Therapy For Generalized Anxiety Disorder. Paper presented at the 36th annual meeting of the Society for Psychotherapy research, Montreal, Canada.
- Holtforth, M. G., Castonguay, L. G., **Newman, M. G.**, Borkovec, T. D., Boswell, J. F., Antuaco, L. A., & Kakouros, A. (2005, June). *Fear of vulnerability as a predictor of alliance and session experiences*. In G. Maramba (moderator) The Therapeutic Relationship In Integrative Therapy For Generalized Anxiety Disorder. Paper presented at the 36th annual meeting of the Society for Psychotherapy research, Montreal, Canada.

- Maramba, G. J., Castonguay, L. G., **Newman, M. G.**, & Borkovec, T. D. Boswell, J. F., Erickson, T. M., Pimentel, C. A., Ried, J. J., & Sharpless, B. A. (2005, June). *The early alliance as a predictor of outcome*. In G. Maramba (moderator) The Therapeutic Relationship In Integrative Therapy For Generalized Anxiety Disorder. Paper presented at the 36th annual meeting of the Society for Psychotherapy research, Montreal, Canada.
- Newman, M. G.**, Stiles, W. B., Janeck, A. & Woody, S. R. (2005, September). *Therapeutic Principles in the treatment of Anxiety Disorders*. In L. G. Castonguay & L. E. Beutler (chairs) Empirically based principles of change in the treatment of dysphoric, anxiety, personality, and substance use disorders. Symposium presented at the 35th Annual Congress of The European Association for Behavioural and Cognitive Therapies. Thessaloniki, Greece.
- Sibrava, N. J., Borkovec, T. D., **Newman, M. G.**, & Castonguay, L. G. (2005, November). *Change in specific patterns of worry content in the treatment of GAD*. Poster presented at the 39th Annual Meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT). Washington, DC.
- Goldfried, M. R., Marks, I. M., **Newman, M. G.**, & Stricker, G. (2005, November). *Towards a common language in psychotherapy*. Panel discussion presented at the 39th Annual Meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT). Washington, DC.
- Newman, M. G.**, Groff, M. D., Llera, S., Borkovec, T. D. & Castonguay, L. G. (2005, November). *Does self-control desensitization practice predict treatment outcome in GAD clients?* In S. Hayes (Chair) The role of exposure in anxiety interventions. Symposium presented to the 39th Annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT). Washington, DC.
- Newman, M.G.** (2005, November). *Overview of the nature and treatment of anxiety disorders*. In A. Przeworski (Chair) The Nature and Treatment of Generalized Anxiety Disorder--An Interdisciplinary Approach. Symposium presented to the 39th Annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT). Washington, DC.
- Przeworski, A., **Newman, M.G.**, Borkovec, T. D. & Castonguay, L.G. (2005, November). *Changes in GAD symptoms as a result of treatment: An analysis of the controllability of worry and physiological GAD symptoms*. In A. Przeworski (Chair) The Nature and Treatment of Generalized Anxiety Disorder--An Interdisciplinary Approach. Symposium presented to the 39th Annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT). Washington, DC.
- Llera, S., **Newman M. G.**, Castonguay, L. G., & Borkovec, T. D. (2005, November). *Effects of CBT treatment for GAD on health problems and physical symptoms*. In A. Przeworski (Chair) The Nature and Treatment of Generalized Anxiety Disorder--An Interdisciplinary Approach. Symposium presented to the 39th Annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT). Washington, DC.
- Newman, M. G.**, Stiles, W. B., Woody, S. R. & Janeck, A. (2006, March). *Empirically supported principles in the treatment of anxiety disorders*. Experimental Psychopathology Symposium on Recent Developments in Research on the Effectiveness of Psychological Interventions. University of Amsterdam.
- Newman, M. G.** & Castonguay, L. G. (2006, March). *Integrative therapy for the treatment of GAD*. Experimental Psychopathology Symposium on Recent Developments in Research on the Effectiveness of Psychological Interventions. University of Amsterdam.

- Erickson, T.E., Olsen, E. L., & **Newman, M. G.** (2006, March). *A multimethod investigation of "interpersonal rigidity": What predicts fluctuation of social behavior?* Poster presented at the Annual Graduate Exhibition, The Pennsylvania State University.
- Castonguay, L.G. **Newman, M. G.**, Borkovec, T. D., Grosse Holtforth, M., Boswell, J. F., Antuaco, L.A., Kakouros, A. A., Nelson, D. L., & Zack, S. E. (2006, June). *Clients' emotional experience in cognitive behavioral and interpersonal/emotional processing treatments: An attempt to replicate previous findings.* Paper presented at the annual meeting of the Society for Psychotherapy Research, Edinburgh Scotland.
- Newman, M. G.** (2006, August). *Progress, problems and solutions pertaining to Internet Interventions for Anxiety Disorders.* In L. Collins (Chair) Ethical online psychotherapy? Progress, problems, and possible solutions. Invited talk hosted by the Society of Clinical Psychology (Division 12, Section IV, Clinical Psychology of Women). Paper presented at the 114th Annual Meeting of the American Psychological Association, New Orleans, LA.
- Maramba, G.J.K., Castonguay, L.G., Newman, M.G., & Borkovec, T.D. (2006, October). *Qualitative and quantitative analysis of early session dropout.* Paper presented at the North American Society for Psychotherapy Research, Burr Oak, Ohio.
- Olsen, E. L. & **Newman, M. G.** (2006, November). *Avoidance Reactions as a Predictor of PTSD Secondary to Childhood Sexual Abuse.* Poster presented at the 40th Annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT), Chicago, IL
- Llera, S. & **Newman, M. G.** (2006, November). *The effects of worry on emotional avoidance in generalized anxiety disorder: Physiological reactivity and subjective experience.* Poster presented at the 40th Annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT), Chicago, IL
- Newman, M. G.** (2006, November). *How does use of a palmtop computer facilitate generalization of CBT?* In M. Zachary Rosenthal (Chair) From therapy to the natural environment: Changing behavior in contexts that matter by targeting skill transfer/generalization. Panel discussion presented at the 40th Annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT), Chicago, IL
- Erickson, T. M. & **Newman, M. G.** (2007, March). *Predicting cross-situational dysregulation of social behavior: Differential effects of worry, social anxiety, and depressive symptoms.* Poster presented at the 27th Annual meeting of the Anxiety Disorders Association of America, St. Louis, MO.
- Newman, M.G.** Przeworski, & Fisher, A. J. (2007, June). *Predictors and moderators of cognitive behavioral treatment outcome in generalized anxiety disorder.* In R. Zinbarg (Chair) Predictors of outcome of psychotherapy of generalized anxiety disorder. Paper presented at the 38th Annual Meeting of the Society for Psychotherapy Research, Madison, WI.
- Newman, M. G.** (2007, June). *Palmtop computer-assisted therapy.* Paper presented at the Inaugural Summit on Behavioral Telehealth, Harvard Medical School, Boston, MA.
- Erickson, T. M. & **Newman, M. G.**, & Pincus, A. L. (2007, June). *Interpersonal predictors of cross-situational variability in social perceptions and behavior.* Paper presented at the 10th Annual meeting of the Society for Interpersonal Theory and Research, Madison, WI.
- Newman, M.G.**, Castonguay, L.G., Fisher, A. J. & Borkovec, T.D. (2007, November). *Interpersonal and emotion processing focused treatment in generalized anxiety disorder.* In L.G. Castonguay (Chair) New Directions in the Etiology and Treatment of GAD.

- Paper presented to the 41st Annual meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Erickson, T. M. & **Newman, M. G.** (2007, November). *Interpersonal behavior as emotion regulation*. Poster presented at the 41st Annual meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Fisher, A. J. & **Newman, M. G.** (2007, November). *Growth Curve Analysis of Treatment Outcome in Generalized Anxiety Disorder*. Poster presented at the 41st Annual meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Llera, S. J. & **Newman, M. G.** (2007, November). *Emotional avoidance in GAD: The moderating effects of worry on both subjective and physiological emotional responding*. Poster presented at the 41st Annual meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Sibrava, N. J., Pincus, A. L., Przeworski, A., Yamasaki, A. S., **Newman, M. G.**, and Borkovec, T. D. (2007, November). *Heterogeneity in the Presentation of GAD*. Poster presented at the 41st Annual meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Przeworski, A. & **Newman, M. G.** (2007, November). *The Psychometric Properties of the Intolerance of Uncertainty Scale for Children*. Poster presented at the 41st Annual meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Fisher, A. J. & **Newman, M. G.** (2008, June). *Interpersonal Moderators of Change in Treatment for of GAD*. In Huppert, J. (Chair) Mechanisms of change in CBT: Relationship of interpersonal, cognitive, and symptom domains to outcome. Paper presented at the 39th Annual Meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Castonguay, L. G., Constantino, M. J., Przeworski, A., **Newman, M.G.** & Borkovec, T. D. (2008, June). *Alliance, therapist adherence, therapist competence, and client receptivity: New analyses on change processes in CBT for generalized anxiety disorder*. In Constantino, M. J. (Chair). The Nature and Influence of Participant and Relationship Factors in CBT for Generalized Anxiety Disorder. Paper presented at the 39th Annual Meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- DeGeorge, J., Constantino, M. J., Castonguay, L. G. Manning, M. A., **Newman, M. G.** & Borkovec, T. D. (2008, June). *Empathy and the Therapeutic Alliance: Their Relationship to Each Other and to Outcome in CBT for Generalized Anxiety Disorder*. In Constantino, M. J. (Chair). The Nature and Influence of Participant and Relationship Factors in CBT for Generalized Anxiety Disorder. Paper presented at the 39th Annual Meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Constantino, M. J., Klecak, A., Castonguay, L. G., Manning, M. A., **Newman, M. G.**, & Borkovec, T. D. (2008, June). *Patient Characteristics, Relationship Process, and Outcome in CBT for Generalized Anxiety Disorder*. . In Constantino, M. J. (Chair). The Nature and Influence of Participant and Relationship Factors in CBT for Generalized Anxiety Disorder. Paper presented at the 39th Annual Meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Newman, M. G.**, Castonguay, L. G., Fisher, A. J., & Borkovec, T. D. (2008, June). A *Randomized Controlled Trial of Interpersonal and Emotional Processing Focused Treatment in Generalized Anxiety Disorder*. In Chambless, D. (Chair) Celebrating Tom

- Borkovec's Legacy. . Paper presented at the 39th Annual Meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Newman, M. G.**, Castonguay, L. G., Fisher, A. J., & Borkovec, T. D. (2008, November). *The addition of interpersonal and emotional processing techniques to the treatment of generalized anxiety disorder*. In Taylor, C. T., and Amir, N. (Chairs) *Novel Approaches to the Treatment of Generalized Anxiety Disorder*. Paper presented at the 42nd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Orlando, Fla.
- Llera, S. J. & **Newman, M. G.** (2008, November). *The Effects of Worry on Emotional Avoidance in Generalized Anxiety Disorder: Physiological Reactivity and Subjective Emotional Experience*. Paper presented at the 42nd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Orlando, Fla.
- Fisher, A. J., Llera, S. J. & **Newman, M. G.** (2008, November). *Affect Intensity and Physiological Arousal*. Paper presented at the 42nd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Orlando, Fla.
- Fisher, A. J., **Newman, M. G.**, Castonguay, L. G., & Borkovec, T. D. (2008, November). *Structural Relationships Between Worry, Depression, and Generalized Anxiety Disorder in a Clinically Anxious Sample with Matched Controls*. Paper presented at the 42nd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Orlando, Fla.
- Fisher, A. J., & **Newman, M. G.** . (2008, November). *A Proposed Specific Factor for Generalized Anxiety Disorder within the Integrative Hierarchical Model*. Paper presented at the 42nd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, Orlando, Fla.
- Newman, M. G.**, Fisher, A. J., & Borkovec, T. D. (2009, August). *Moderators of Psychotherapy Outcome for Generalized Anxiety Disorder*. In E. Behar (chair) *Mediators and moderators of treatment outcome*. Symposium to be presented at the 117th Annual Meeting of the American Psychological Association, Toronto, Canada.
- McGinn, L., & **Newman, M.G.** (2009, November) *Breaking through the glass ceiling: A conversation with eminent women in clinical psychology*. Clinical roundtable discussion accepted for presentation at the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Newman, M.G.**, Fisher, A. J., & Borkovec, T. D. (2009, November). *Mediators of cognitive behavioral treatment outcome in generalized anxiety disorder*. In L. McGinn (Chair) *The mediating impact of cognitive processes in anxiety: A test of cognitive models of anxiety*. Symposium submitted to the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Fisher, A. J. & **Newman, M. G.** (2009, November). *The decoupling of mood and anxiety: A longitudinal analysis of symptom course in psychotherapy*. Paper submitted to the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Llera, S. J. & **Newman, M. G.** (2009, November). *Worry and emotional reactivity to personalized exposures in generalized anxiety disorder*. Paper submitted to the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Koif, D. F. & **Newman, M. G.** (2009, November). *A pilot study of a mobile phone based cognitive-behavioral treatment for generalized anxiety disorder*. Paper submitted to the

- 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Szkodny, Lauren, E. & **Newman, M. G.** (2009, November). *Development of the perseverative thinking questionnaire*. Paper submitted to the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Erickson, T. M. & **Newman, M. G.** (2009, November). *Do worriers care too much: Distinguishing interpersonal aspects of worry from social anxiety and depressive symptoms*. Paper submitted to the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Fisher, A. J., **Newman, M. G.**, Granger, D. A., & McDermott, M. (2009, November). *Autonomic dysregulation distinguishes individuals with GAD from healthy and pathological controls*. Paper submitted to the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.
- Newman, M.G.**, Prezeworski, A., Fisher, A. J., & Borkovec, T. D. (2009, November). *Do cognitive and behavioral therapies for GAD generalize to comorbid conditions*. Paper submitted to the 43rd Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapies, New York, New York.

TEACHING EXPERIENCE

Faculty Teaching

Advanced Research Methods	Fall, 1996/ Spring 1997/ Fall, 1997/ Fall 1999/ Fall 2000/ Fall 2001/Fall 2002/ Spring 2003/ Fall 2005.
Graduate Research Methods	Spring 2004
Behavioral Medicine Seminar	Spring 1997/ Fall 2002.
Clinical Supervision	Fall, 1996/Spring, 1997/ Summer, 1997/ Fall, 1997, Spring 1998, Fall 1998, Spring 1999/ Fall 2000/Spring 2001/ Fall 2001/Spring 2002. Fall 2004/Spring 2005, Fall 2006/Spring 2007, Fall 2007/Spring 2008, Fall 2008/Spring 2009.
Adjustment	Spring 1999.

Teaching Assistant

Dept. of Psychology, S.U.N.Y. at Stony Brook

Sexual Behaviors	Fall 1984
Survey of Psychology	Fall 1986/ Spring, 1987
Behavioral Management	Spring 1988/ Fall, 1988

OTHER EVIDENCE OF RESEARCH OR CREATIVE ACCOMPLISHMENTS

Media Attention Related to Research Projects

Interviewed and cited by the following magazines/ Journals/ newspapers:

Life Times: Spring 1995 (GAD research).
 Journal of the National Cancer Institute: March 1995 (humor research).
 Sesame Street Parents: September 1996 (anxiety research).
 Health: September 1996 (humor research).
 Town & Gown: February 1997 (anxiety research).
 Prevention: May 1997, p. 30. (humor research).
 The APA Monitor: September 1997 (humor research).
 Clinical Psychiatry News: December 1997 (computer-assisted therapy).
 Humor and Health Journal: March/April 1998 (humor research).
 Redbook magazine: May 1998 (anxiety research).
 Arthritis Today Magazine: Interviewed April 1998 (humor research).
 Prevention Magazine: October 1998 pp. 93-99. (humor research)
 Family Circle Magazine, March 1999 (anxiety research).
 The Centre Daily Times, August, 2001 (anxiety research).

Radio and Television Interviews:

Health Matters: January 1994. (computer-assisted therapy & panic disorder research).
 CNN Headline News: March 1994 (computer-assisted therapy & panic disorder research).
 National Public Radio for the program "To the Best of Our Knowledge": October 1997 (humor research).
 ABC News "The Post" (new newsmagazine TV show): January 1998 (computer-assisted therapy research).
 Medstar (Syndicated medical series for TV news January 1998 (humor research).
 National Public Radio for the program "The Infinite Mind: April 2001. (computer-assisted therapy research).
The Chronicle of Neurology & Psychiatry: March 2003. A clinical news journal for Canadian specialists in neurology, psychiatry, and related fields. (Psychotherapy for GAD).